

Step 6 – Were entirely ready for God to remove these defects of character

6K – Balance

Many character defects are defects only because our lives are out of balance in some area. By seeking to add the opposite aspect to our lives, we can find the balance point that our higher power wants for us. When we look at the different aspects, what is the proper opposite aspect and what is our higher power teaching us about how to balance our lives?

Aspect                                      Opposite Aspect

Pride -----  
Lesson from my higher power

---

Greed -----

---

Lusts -----

---

Self Righteousness -----

---

Selfishness -----

---

Sloth -----

---

Instinctual Reactions ---

---

Expectations -----

---