

Step 7 – Humbly asked God to remove our shortcomings

7K Shortcoming – Seeking after Power / Avoidance of power

Having power is not the problem. It is the seeking after power when it has not been granted to us or avoiding power when we have been placed in positions of power. Proper power is based on moral authority where we show we make proper moral decisions under stress.

We seek power because of being hurt in the past and wanting the power to change that. Seeking power itself is not a problem, it is seeking power when we do not have the moral authority for that power or avoiding power when we do. The human impulse behind this is about wanting to make things right. Proper use of power results in a better world for all.

How have I and those I love been hurt by my seeking power or avoiding power?

How has my seeking of power (or the avoiding of power) been used by my addiction as a way to get victims or to let myself be a victim?

What is the first way to make amends to myself and those I love for this character defect?

What are the signs that I need to be aware of this defect returning?

What parts of my life would best be put in my higher power's hands in order to have proper use of power?

How can I have compassion on myself and others when this defect returns?