

Step 6 – Were entirely ready for God to remove these defects of character

Identifying character defects

6J – Buttons

In life, our spouse, children, and bosses have the capability to push our buttons. When our buttons are pushed, we react - often without thinking.

The existence of those buttons could be a set of character defects.

What are the buttons that I have reacted to in the last year?

What have I been trying to protect when my buttons got pushed?

What conditions have made me vulnerable to those buttons?

What has been the cost of my reactions when my buttons were pushed?

How can I turn these situations and my reactions over to the care of a higher power?