

Step 6 Were entirely ready for God to remove all these defects of character

6D Identifying Defects of Character

Envy, Greed, & Lust

These three are related. Envy is the wanting to take from others. Greed is not the “getting a better life”. It is the “getting without any consideration of what it will cost others for me to have”. Lust is envy and greed expressed in sex.

Often this is triggered by first my sense of not having. How is my discontent with what I have and where I am triggering me to want to take from others?

How is my isolation pushing me to wanting to force my self onto others - physically, economically, emotionally, controlling, voyeuristically, or sexually?

How is my sexual dissatisfaction opening me up to triggers to act out?

What has it cost others for me indulge my addiction? (i.e. what did it cost them to be in those photographs, to be dancing for me, to have that affair?)

In our society, other people's greed often is unchecked and trying to fulfill that greed has caused a lot of problems. How can I protect me and my family from the greed of bosses, clients, and those who would act out on me? For those of us who are over others, how can we be aware of a higher power's guidance when we need to be pushing them?

What would it take to be satisfied with what I have today - economically, spiritually, and sexually? How can I turn my situation over to a higher power and see things from that higher power's perspective?

How can I add thanking my higher power for my current situation into my life?