

Step 3 Made a decision to turn our wills and our lives over to the care of god as we understood god

3H Dealing with Insanity

One of the ways to gauge our working the steps is to ask how well we are living the prior step. In step 2, we look at our insanity and come to believe that a power greater than ourselves can restore us to sanity. In the following, how am I turning this part of my life over to a higher power? What actions is my higher power asking me to take in each other areas?

Fantasy

Lying

Relationships with others?

Work habits, work environment, and attitudes

Attitudes about money

Attitudes I have about myself?